

Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani
Janet Bramley

DATE: February 28, 2003

RE: Combinations of Services to Children's Services Clients

This is the second in our series on CMHC practice patterns that focus on combinations of services provided by regional treatment programs. On February 14, we distributed a PIP on combinations of services to CRT clients (www.state.vt.us/dmh/Data/PIPs/2003/pip021403.pdf). This week's PIP focuses on combinations of services to Children's Services clients using the "Core Capacity" categories recently developed by DDMHS. In this taxonomy, all services are grouped into one of four broad categories. "Outreach treatment" includes services provided outside of clinic settings, except emergency and family support. "Clinic-based" includes services provided in clinic settings, except emergency and family support. "Immediate response" includes emergency care services provided by children's programs and services provided by Emergency Services Programs to children's services clients. "Family Support" includes respite care services. The analysis reported here includes young people aged 0-18 who were served by CMHC Children's Services Programs during FY2002.

As you will see, there were substantial differences among regional programs in the proportion of all Children's Services clients who received each of these services and the proportion who received different combinations of these services. Statewide, clinic-based services were received by the largest proportion of young people (79%), followed by outreach services (66%). In Southeastern Vermont (HCRS) and in Lamoille County (LCMH), however, more young people received outreach than clinic-based services. A much smaller proportion of young people received immediate response services (21%) and family support (5%). The proportion of young people who received immediate response services varied from 11% in Northeastern Vermont (NKHS) to 33% in Chittenden County (HCHS).

There were also substantial differences in the proportion of young people who received different combinations of these treatment modalities. A combination of clinic-based and outreach services was received by 40% of all clients statewide, but the proportion of clients who received this combination at individual programs ranged from less than 25% in Bennington County (UCS) to more than 50% in Washington County (WCMH) and Northeastern Vermont (NKHS). The second largest number of young people, statewide, received only clinic-based services (23%). The proportion who received only clinic-based services ranged from 11% in Lamoille County (LCMH) and Southeastern Vermont (HCRS) to 41% in Bennington County (UCS). Statewide,

13% of all young people served received only outreach services, but in Southeastern Vermont, 36% of all young people served received only outreach services.

We look forward to your comments on the variation in practice patterns observed in this analysis and your suggestions for further analysis to pip@ddmhs.state.vt.us or 802-241-2638.

**Percent of Clients Under Age 18 Receiving Outpatient Services
from Children's Services Programs in Vermont: FY2002**

	STATE (N=8657)	CSAC (N=827)	NCSS (N=959)	HCHS (N=1600)	LCMH (N=476)	HCRS (N=1317)	NKHS (N=1025)	CMC (N=522)	RMHS (N=695)	UCS (N=522)	WCMH (N=714)
SERVICES PROVIDED											
Clinic-based Services	79%	93%	77%	79%	74%	52%	86%	92%	80%	85%	87%
Outreach	66%	54%	60%	64%	79%	80%	74%	60%	57%	45%	76%
Immediate Response	21%	20%	20%	33%	20%	18%	11%	13%	29%	22%	15%
Family Support	5%	-	-	-	9%	8%	-	11%	9%	9%	-

**Percent of Clients Under Age 18 Receiving Combinations of Outpatient Services
from Children's Services Programs in Vermont: FY2002**

	STATE (N=8657)	CSAC (N=827)	NCSS (N=959)	HCHS (N=1600)	LCMH (N=476)	HCRS (N=1317)	NKHS (N=1025)	CMC (N=522)	RMHS (N=695)	UCS (N=522)	WCMH (N=714)
Clinic-based Services with:											
Outreach	40%	37%	34%	43%	45%	29%	55%	35%	38%	22%	56%
Outreach & Immediate Response	9%	11%	8%	13%	9%	6%	7%	7%	9%	10%	9%
Outreach & Family Support	-	-	-	-	-	-	-	6%	-	-	-
Immediate Response	-	7%	-	-	-	-	-	-	-	6%	-
Single Services											
Clinic-based Services only	23%	37%	28%	17%	11%	11%	22%	36%	23%	41%	18%
Outreach only	13%	-	14%	5%	17%	36%	12%	8%	4%	8%	10%
Immediate Response only	7%	-	6%	15%	7%	7%	-	-	12%	5%	-
Other Service Combinations	-	-	-	-	6%	6%	-	5%	8%	6%	-

Based on analysis of Monthly Service Reports submitted by designated Community Service Providers. Column entries indicate percentage of clients within each program (column totals). Percentages in bold type indicate more than 25 % of the clients receive a service combination. A ' - ' indicates fewer than 5% of the clients receive a service or service combination.